



Newburn Swimming Club



BOSSS Level 1 Open Meet 11th / 12th October 2008

With the first gala of the season being a long course meet travelling to Leeds, Newburn were there trying to score some good performances to kick start the new season.

The first session brought the first sign of good performances and medals, with Newburn taking 4 out of the 6 Gold medals available in the boys 200 Breaststroke, with personal best times coming from Joseph Gauden. Anna Barnes showed that it was not just the boys claiming gold, with her performance in the 100 Freestyle achieving a PB while earning her the top spot on the podium.

Saturday afternoon saw the medals continue to come Newburn's way with Tom Sproston and James O'Connell claiming victories in the 200 Backstroke, with Tom later taking the 200 Butterfly title in his age group. Laura Stait also arrived onto the scene winning the 50 Breaststroke, and achieving a best time in her 200 Freestyle. Victories also came for Andrew Robson in the 50 Backstroke, and Alasdair Wright in the 100 Breaststroke, and 50 Backstroke.

Sunday morning brought a hat trick of gold's for Anna Barnes, as she romped to victory in the 200 Individual Medley, Breaststroke, and 100 Backstroke. Laura also showed it's not just the lads who can perform in the breaststroke, with her victory in the 200 distance saw her swim 10 seconds faster than her nearest rival. Also Alasdair Wright managed to claim a Scottish age group record when he powered home in the 50 Butterfly in a personal best time of 32.84 seconds.

The last session brought a fitting end to the competition, with Sharna Johnson & Ben Widdrington claiming their first gold's of the weekend in the 100 and 50 Breaststroke respectively; while it looks like Newburn is a breaststroke club, when in the 13 year old boys category there was a clean sweep of the medals, with Kyle Borley claiming first place ahead of Joseph Gauden and James Patterson. In other events Tom Sproston won the 400 Individual medley, and 100 Butterfly events.

Overall we came home collecting over 80 medals, with 33 being gold; I see this as a good start to the season, and a promise of things to come, let's hope that this form is taken through to the NER short course in Nov, and Christmas meets.

Adrian Allen
Newburn ASC – Head Coach